

Monkeypox: What to Know



Monkeypox can spread to anyone, often through close, skin-to-skin contact, as well as:

- Direct, close contact with monkeypox rash, scabs, or body fluids from a person with monkeypox (kissing, cuddling, or sexual intercourse).
- Touching contaminated materials such as linens or clothing.
- Contact with saliva or respiratory droplets from a person with monkeypox (talking, sneezing, or coughing).



Currently, men who have sex with men (MSM) are most at risk for getting and spreading monkeypox.

- Anyone can get or spread monkeypox, and monkeypox will spread to populations outside of MSM.



Monkeypox symptoms usually start within 3 weeks of exposure to the virus.

- Symptoms can start with fever, headache, muscle aches, swollen lymph nodes, chills, or exhaustion. Next, a rash appears.
- Monkeypox can spread from when symptoms start until the rash is healed, which can take several weeks.



If you have monkeypox symptoms:

- Contact a doctor or health clinic for treatment.
- Avoid direct, close contact that can spread the disease.



Monkeypox vaccines are available for people who are eligible.

- People with a known or possible exposure to the monkeypox virus are the highest priority for vaccination.
- Please contact your local health department to learn more about vaccine availability in your area.

Scan Me



Texas Department of State
Health Services

as of 8/31/22

For more information, visit bit.ly/3JUHHSc